



Canadian Mental
Health Association
Saskatoon

CMHA SASKATOON

ANNUAL REPORT &
AGM PACKAGE

2025–2026



STRENGTHENING
FOUNDATIONS.



BUILDING
SUSTAINABLE
GROWTH.



JUNE 2026



SASKATOON, SASKATCHEWAN



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CMHA Saskatoon Annual Report 2025–2026

Organizational Overview

CMHA Saskatoon works alongside individuals, families, workplaces, and community partners to promote mental health, reduce barriers to support, and strengthen community well-being.

Through programs focused on housing stability, employment support, system navigation, education, advocacy, and community connection, we provide practical support that help people build healthier and more meaningful lives.

While based in Saskatoon, our work extends throughout the region through partnerships, outreach, training, and collaborative initiatives that increase access to mental health resources and reduce stigma.

Governance and Strategic Priorities

In 2025–2026, the Governance Committee completed a comprehensive review of the Board’s governance policies. The revised policies, approved in May 2026, incorporate more inclusive language and reflect the organization’s current needs and operating environment. Over the coming year, the Committee will focus on supporting implementation of these updates and ensuring governance practices remain aligned with the Board’s responsibilities and strategic direction.

A key priority for 2026–2027 will be developing a structured onboarding process for new Board members, including a welcome package and mentorship opportunities designed to support engagement, understanding of governance responsibilities, and long-term retention.

The Committee will also prioritize recruitment of new Board members. With three vacancies currently to be filled, attracting qualified and diverse candidates’ remains an immediate focus. Alongside recruitment efforts, the Committee will work to strengthen Board member engagement and retention to support a sustainable and effective Board for the future.

Organizational Highlights

Organizational Development

This year focused heavily on strengthening CMHA Saskatoon’s organizational foundation and building greater stability for the future. Significant work was completed to improve financial oversight, modernize governance processes, streamline administrative systems, and strengthen internal accountability. The organization also expanded its use of Microsoft Teams and SharePoint to improve collaboration, efficiency, and communication across the organization. These improvements were designed not only to address current operational needs, but also to position CMHA Saskatoon for long-term sustainability and growth.

Funding and Revenue Development

CMHA Saskatoon continued to grow community investment in mental health through successful grant applications, expanded partnerships, and strong fundraising efforts. The organization also began exploring new workplace wellness and training opportunities designed to create sustainable revenue streams while increasing access to mental health education and support within the community.

Community Presence and Advocacy

Throughout the year, CMHA Saskatoon continued to increase its community presence through media appearances, workplace presentations, community events, and collaborative initiatives. From Mental Health Week activities to public education opportunities and community partnerships, the organization remained focused on creating conversations about mental health, reducing stigma, and helping people feel more connected to support.

Year at a Glance

Area	Key Accomplishment
Governance	Completed a comprehensive governance policy review
Operations	Strengthened financial oversight and accountability
Technology	Expanded and standardized use of Microsoft 365
Funding	Secured grant funding and increased community investment
Partnerships	Increased collaboration across sectors and communities
Sustainability	Assessed long-term planning and revenue diversification options

Risk Management & Organizational Challenges

This year brought several challenges for both CMHA Saskatoon and the broader mental health sector. Like many community organizations, CMHA Saskatoon continued to see increasing demand for services while navigating funding pressures, workforce challenges, and systems stretched beyond capacity.

At the same time, the need for mental health support in the community has never been more visible. People are reaching out earlier, needs are becoming more complex, and organizations across the sector are being asked to do more with limited resources.

Throughout the year, the organization remained focused on creating greater stability while continuing to respond to community needs. This included strengthening financial oversight, improving internal systems, building stronger partnerships, and identifying more sustainable approaches to service delivery and revenue generation.

Challenge

Organizational Response

Increasing demand for mental health services

Expanded partnerships, collaboration, and community engagement

Financial pressures and funding instability

Strengthened financial oversight and implemented cost-containment measures

Housing and system navigation pressures

Continued advocacy and community-based support approaches

Workforce burnout and sector fatigue communication,

Prioritized collaboration, and workplace wellness

Growing service demands with limited resources

Explored diversified revenue opportunities and long-term sustainability planning

Organizational and leadership transitions planning,

Focused on stability, succession and strengthened internal systems

Community Partners, Funders & Supporters

Key Funders

Saskatchewan Parks and Recreation Association	Irene and Leslie Dube Endowment for Mental Health Family Support	Government of Saskatchewan
MNP	NAHC	Step Up for Mental Health
United Way – Saskatoon & Area	RUH Foundation	Saskatoon Co-op
Shoppers Drug Mart Run for Women	Saskatchewan Health Authority	Saskatoon Community Foundation

Holiday Hampers Supporters

Beehive Flooring	Broadway Dental Group	CNH Global
Leland Kimpinski LLP	Market Mall Mini Golf – Salt Hill Capital	Pizza Hut
The Soup Donors	Saskatoon Co-op	Real Life Rentals

Third-Party Fundraisers

Spring Stars Inc.	Coliseum Presents	Delisle Walk for Mental Health
Envision Real Estate	Foam Lake Walk for Mental Health	Nutters
Outer Limits	Robin Story & Musical Friends	Real Life Rentals
Push Up Challenge Participants	Walk for BPD	Novatex Graphics
Saskatoon Blades	MNP Run for Women Team	CNH Global
Saskatchewan Blue Cross		

Board of Directors 2025–2026

Executive Officers

Name	Board Role	Professional Background
David Fittes	President	Lawyer, Leland Kimpinski
Erin Greer	Vice President	Founder & Therapist, Inner Agora Counselling
William Pringle	Secretary	Retired, Public Relations & Communications

Members at Large

Name	Professional Background
Jim Austin	Retired
Alex Brown	Broadcaster, Content Creator, Host
Andrea Stranden	Manager, MNP
Frances Meyer	Women's Business Hub Lead and Coordinator
Candace Fox	Psychosomatic/Sensory Practitioner & Recovery Coach
Desiree Chartier	Community Minded Professional
Andrea Wasylow	Executive Director, Ukrainian Catholic Foundation

CMHA Saskatoon Team

Name	Position
Ashley Power-Cardinal	Job Developer
Chalaine Senger	Pre-Vocational Program Facilitator
Dave Wake	Supported Independent Living Coordinator
Hannah Redekop	Vocational Counsellor
Jenna Neufeld	Communications and Special Projects Coordinator
Lindsay Katz	Family Support Navigator
Margot Weiner	Director of Development
Morgan Wickett	Director of Programs
Quazi Mohammadullah	Association Director
Rojette Bensa	Workplace Wellness Facilitator
Stacey McKay	Supported Independent Living Coordinator
Toni Klassen	Executive Director

Looking Forward

As we look ahead, CMHA Saskatoon remains focused on building a stronger and more sustainable organization that can continue responding to the very real and growing needs within the community.

Over the next year, the organization will continue strengthening core services, improving long-term financial stability, and building partnerships that support expanded access to both support and education opportunities throughout Saskatoon and surrounding communities. CMHA Saskatoon also sees significant opportunity to grow workplace wellness initiatives and training opportunities in ways that create healthier workplaces while generating sustainable revenue that can be reinvested directly into community programming.

At the same time, the challenges facing the sector are not going away. Mental health needs continue to grow, systems remain stretched, and many people still struggle to access timely and appropriate support. Because of this, CMHA Saskatoon will continue prioritizing collaboration, advocacy, accessibility, and community responsiveness in everything it does.

What gives us hope moving forward is the number of people who continue to show up for mental health in this community. We see it in staff, volunteers, partners, funders, and the individuals who continue to trust CMHA Saskatoon with their stories and their care.

The year ahead will bring new challenges, but it will also bring new opportunities. Guided by its mission and supported by a community that continues to believe in the importance of mental health, CMHA Saskatoon remains committed to building a stronger, more responsive, and more sustainable organization. We look forward to continuing this work together.

CMHA Saskatoon Annual General Meeting Agenda 2026

Date	June 17, 2026	Time	2:00 p.m.
Location	1301 Avenue P North, Saskatoon, SK S7L 2X1		

Agenda Items

#	Agenda Item	Reference	Action	Lead
1	Welcome and Call to Order	—	Information	Chair
2	Land Acknowledgement	—	Information	Chair
3	Introductions	—	Information	Chair
4	Approval of Agenda	—	Motion	Chair
5	Approval of Previous AGM Minutes	Appendix B	Motion	Chair
6	Board Chair Report	Appendix C	Receive / Motion	Board Chair
7	Executive Director Report	Appendix D	Receive / Motion	Executive Director
8	Presentation of Financial Statements	Appendix E	Motion	Treasurer / Auditor
9	Appointment of Auditor	—	Motion	Chair
10	Board Elections	—	Motion / Election	Chair
11	Recognition of Board Members	—	Recognition	Chair
12	Resolutions / Motions	—	As required	Chair
13	Adjournment	—	Motion	Chair

Appendix B

Canadian Mental Health Association – Saskatoon Branch

Annual General Meeting Minutes

Date: Wednesday, September 17, 2025

Time: 3:00 p.m. – 4:00 p.m. Location: 1301 Avenue P North

Welcome, Land Acknowledgement, and Call to Order

The meeting was called to order at 3:07 p.m.

David delivered the land acknowledgement, recognizing that we are located on Treaty 6 Territory and the Homeland of the Métis. Respect was paid to all Indigenous Peoples of this place, and our relationship with one another was reaffirmed.

David also outlined the guidelines for motions, seconding, voting (show of hands), and discussion.

Introduction of Staff, Board Members, and Guests

Staff, board members, and guests in attendance were introduced.

Approval of Agenda

Motion: To approve the agenda as presented.

- Moved by: Kelly
- Seconded by: Andrea
- Carried

Approval of AGM Minutes (June 20, 2024)

Motion: To approve the AGM minutes of June 20, 2024.

- Moved by: Andrea
- Seconded by: Erin
- Carried

Slate of Directors for 2025/2026

Motion: To approve the slate of directors for 2025/2026.

- Moved by: Andrea
- Seconded by: Bill
- Carried

Auditor's Report

The audited financial statements for 2024/2025 were reviewed. Andrea presented the statements to members. It was noted that follow-up with the accounting firm will be required regarding outstanding questions, as they were unable to attend the meeting. A report will be filed with the government outlining this matter.

Motion: To approve the 2024/2025 audited financial statements.

- Moved by: Erin
- Seconded by: Jim
- Carried

Appointment of Auditor for 2025/2026

Motion: To appoint the auditor for the 2025/2026 fiscal year.

- Moved by: Andrea
- Seconded by: Bill
- Carried

President's Report

David, acting in the capacity of President, delivered remarks highlighting:

- Faith's retirement and the hiring of Toni as Executive Director
- Strategic planning and identification of organizational values
- Resignations of Marlene and Elenna
- Mid-term appointment of Erin
- Positive outlook on new board candidates
- Optimism for the future and the direction of CMHA Saskatoon

Motion: To accept the President's Report.

- Moved by: Bill
- Seconded by: Erin
- Carried

Executive Director's Report

The Executive Director's Report was presented.

Motion: To accept the Executive Director's Report.

- Moved by: Bill
- Seconded by: Kelly
- Carried

Recognition of Board Members

A special thank you was extended to those who served on the Board in 2024/2025 for their dedication and commitment to the success of CMHA Saskatoon.

Moment of Remembrance

A moment of silence was observed to honour those we lost in 2024/2025.

Adjournment

Motion: To adjourn the meeting.

- Moved by: Bill
- Carried

Meeting adjourned at 3:38 p.m.

Attendance

Board Members:

- David - Erin
- Andrea - Jim
- Kelly - Bill

Staff:

- Margot
- Toni

Guests:

- Jules - Rob
- Kathy
- Adeena

A Message from Our Board President

I am proud to have completed my first year in the capacity of Board Chair and President of the Canadian Mental Health Association - Saskatoon Branch.

Throughout the year, we have recruited several new members of the Board, who brought with them new perspectives, experiences, and knowledge - all of which are crucial to ensuring the continued success in our capacity as a governance-focused, oversight-oriented Board of Directors.

In addition to our new recruitments, this past year has also seen the continued contributions from long-serving incumbent members of the Board, whose experience, leadership, and dedication allow us to fulfill our mission and vision in attaining our goals for the CMHA - Saskatoon Branch.

Amongst our achievements as a Board include a long-needed overhaul of our Governance Policies, along with the passing of a fiscally-sound, future-oriented budget.

This year also allowed for the opportunity for certain Board members to attend the National Conference in Toronto, which allowed our Branch to expand our network and for valuable knowledge on Board governance to be attained.

I am also particularly proud of Board Member dedication to work outside of specific Board functions. Several Board members participated in our annual Push-Up Challenge and Run for Women, for which many participants were recruited. As well, some Board members donate their time to various other non-profit and related organizations. Volunteerism is a virtue, and we wholeheartedly give a lot of it.

I am excited to see what my next year as Board Chair and President will entail. No doubt we will continue to meet all challenges head-on and to continue the success of our Board of Directors.

David Fittes

Appendix D

A Note from Our Executive Director

As I approach my first anniversary with CMHA Saskatoon, I keep coming back to one word: connection.

When I stepped into the role of Executive Director, I knew I was joining an organization with a strong history, a dedicated team, and deep connections throughout our community.

What I didn't fully appreciate at the time was just how many people care about mental health and how many individuals, organizations, and partners continue to show up every day to support this work.

This year brought significant change. We welcomed new team members, experienced transitions within both our staff team and Board of Directors, and spent time looking honestly at where CMHA Saskatoon has been, where we are today, and where we want to go in the future. Change can be challenging, but it also creates opportunities to ask important questions, explore new ideas, and ensure we are building an organization that can continue to serve our community for years to come.

Throughout it all, I have been inspired by the people around me.

I am grateful to our staff, who bring compassion, dedication, creativity, and a genuine commitment to helping others every single day. I am thankful for our Board of Directors, whose guidance and leadership have helped us navigate an evolving landscape. I am equally grateful to our community partners, funders, donors, volunteers, and supporters who continue to believe in the importance of mental health and the role CMHA Saskatoon plays within our community.

This year reminded us that the need for mental health support continues to grow. Across our programs and services, we are seeing more people reaching out for support, often with increasingly complex needs. At the same time, community organizations continue to face rising costs and funding pressures. While these realities are not unique to CMHA Saskatoon, they have challenged us to think differently, plan carefully, and focus on building sustainability into everything we do.

Even amidst those challenges, there was much to celebrate.

We saw record participation in The Push-Up Challenge, with our community showing up in incredible ways to raise awareness and support for mental health. Our Holiday Health